

My Childhood Home

Think about the home you lived in when you were young. Was it a house or an apartment? _____

Now visualize walking to the front door. Open the door to your home, and go inside. What do you see? What room is to the right? What room is to the left? _____

Now, move toward the kitchen. What do you see? Describe the furnishings, the smell, the sounds. _____

Are there stairs in your home? If so, where do they lead? Also, write about your room. What did it look like and how was it special to you? _____

Who lived in this home with you? _____



My Neighborhood

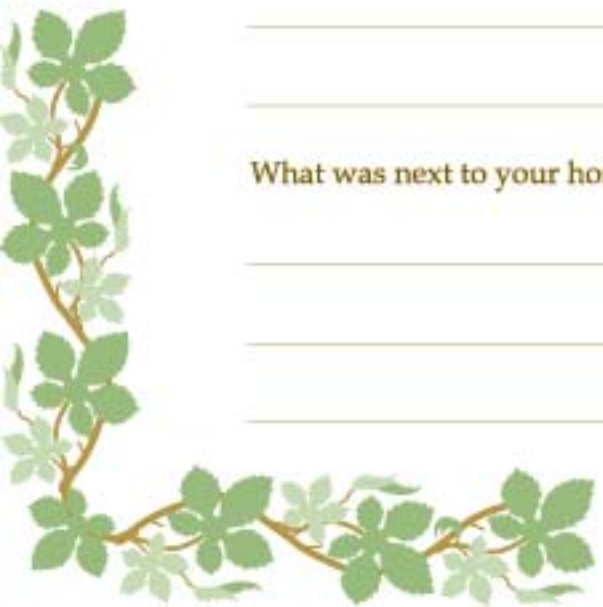


Now, close your eyes and walk outside your home. What do you see in front? Out back? _____

Who were your neighbors? What do you remember about them? _____

Did you have a favorite spot to play outside? With whom did you play? _____

What was next to your home? On your street? How far from home were you allowed to go by yourself? _____



My Parents

What do you remember most about your mother from this time of your life? Describe what you perceived was a typical day for her.

What do you remember most about your father? Describe what his typical day was like.

What did either or both of your parents do to earn a living?

Besides work and family, how did your parents spend their time?



My Parents



How did your parents get along? Would you describe them as generally happy or unhappy? Why? _____

What did your parents' relationship teach you about marriage, trust, and love? _____

If you could talk to your parents now, what would you want to tell them? _____

For what would you like to thank them? _____





My Family



Did you have brothers or sisters? Name them. _____

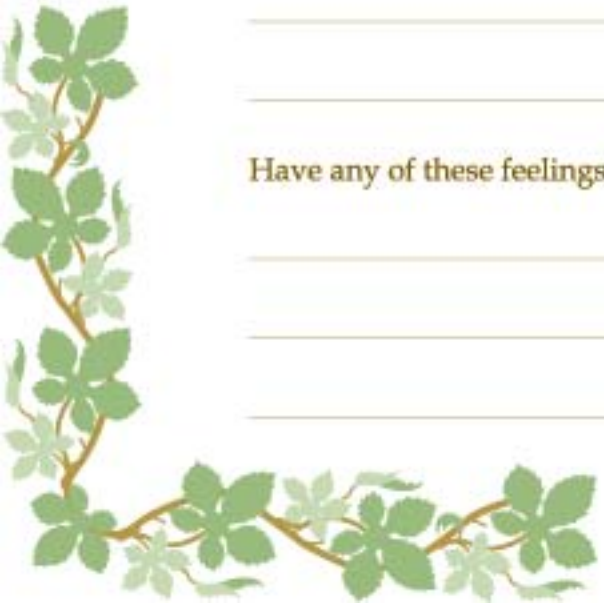
Were they older or younger than you? By how many years? _____

What, if anything, do you remember about the birth of any of your siblings? _____

Do you recall any special secrets or loving moments with a sibling? _____

Were there any rivalries or recurring problems among you and your siblings? _____

Have any of these feelings changed over the years? _____





Family Atmosphere



What were some of your family's "house rules"? What work or chores were expected of you? _____

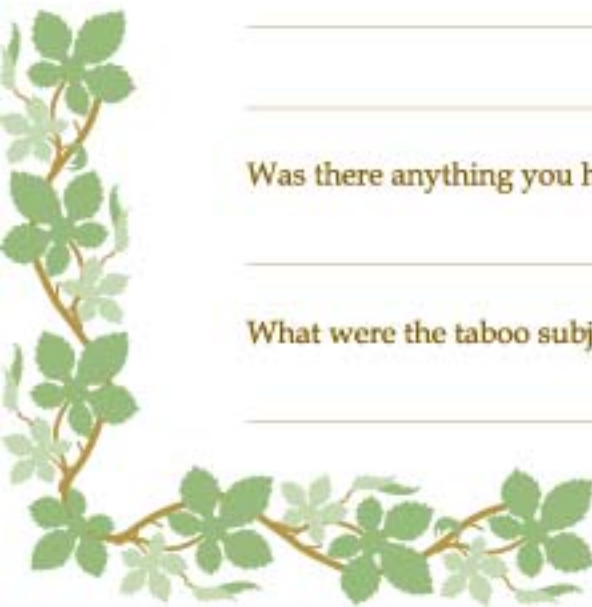
If you broke the rules, how were you punished? _____

How did your parents express praise to you? _____

How would you describe your family's financial situation? _____

Was there anything you had longed to do as a child, but couldn't afford to do so? _____

What were the taboo subjects in your home? _____





Rituals & Holidays



What faith, if any, did your family practice? _____

How did your family express this faith at home? _____

Did your family attend religious services? If so, when and how often? How did you feel at these events? _____

What were the important holidays for your family? Who attended and where were they held? _____

How were birthdays celebrated in your family? _____





Childhood Friends



Who was your best childhood friend? _____

How old were you when you met? _____

What did you love to do together? _____

Do you recall a secret you shared? _____

Did you ever get in trouble together? If so, what happened? _____

What happened to this friend over time? _____





Childhood Favorites



Did you have any favorite hobbies as a child? _____

What was your favorite toy or prized possession? _____

Do you recall a favorite book or story? Who read or told it to you? _____

Was there a particular radio show, TV show, or movie you loved? Why? _____

Did you have any pets? What type? _____





Grade School



How old were you when you started school? What was the name of your school? _____

How did you get to school Ñ by bus, by walking, other? What do you recall about getting to and from school? _____

Who was your favorite teacher, and what did you like about him or her? _____

What was your favorite subject? _____

Were you given any awards? _____

Describe what you played during recess. _____

Did you ever get in trouble? _____

Describe a special grade-school memory. _____



Entering Adulthood

How old were you when you left home? Where did you go? How did you feel living there. _____

Did you go to college or take other training? If so, where? How did you choose your school and field of study? How did you or your family pay for it? _____

What was your first job as an adult? _____

What were your goals for career, family, life? _____

Who were the people closest to you at this time? _____

My Wedding

How old were you when you got married? Describe your wedding including the weather, the ceremony, the guests, your attire, the celebration, etc.

What feelings or emotions do you recall about your wedding day?

Did you have a honeymoon? If yes, where? What was it like?
