



# My Childhood Home

Think about the home you lived in when you were young. Was it a house or an apartment? \_\_\_\_\_

Now visualize walking to the front door. Open the door to your home, and go inside. What do you see? What room is to the right? What room is to the left? \_\_\_\_\_

---

---

---

---

Now, move toward the kitchen. What do you see? Describe the furnishings, the smell, the sounds. \_\_\_\_\_

---

---

---

---

Are there stairs in your home? If so, where do they lead? Also, write about your room. What did it look like and how was it special to you? \_\_\_\_\_

---

---

---

---


Who lived in this home with you? \_\_\_\_\_

---


---

---

---



# My Neighborhood



Now, close your eyes and walk outside your home. What do you see in front? Out back? \_\_\_\_\_

---

---

---

---

Who were your neighbors? What do you remember about them? \_\_\_\_\_

---

---

---

---

Did you have a favorite spot to play outside? With whom did you play? \_\_\_\_\_

---

---

---

---

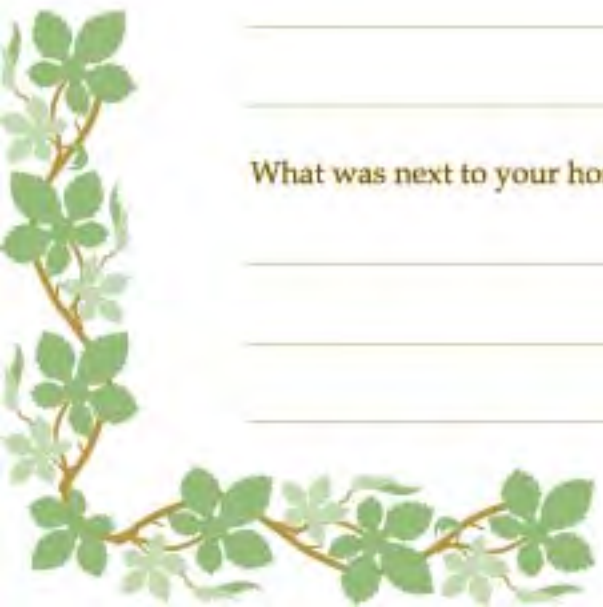
What was next to your home? On your street? How far from home were you allowed to go by yourself? \_\_\_\_\_

---

---

---

---





# My Parents

What do you remember most about your mother from this time of your life? Describe what you perceived was a typical day for her. \_\_\_\_\_

---

---

---

What do you remember most about your father? Describe what his typical day was like. \_\_\_\_\_

---

---

---

What did either or both of your parents do to earn a living? \_\_\_\_\_

---

---

---

Besides work and family, how did your parents spend their time? \_\_\_\_\_

---

---

---



# My Parents



How did your parents get along? Would you describe them as generally happy or unhappy? Why? \_\_\_\_\_

---

---

---

---

What did your parents' relationship teach you about marriage, trust, and love? \_\_\_\_\_

---

---

---

If you could talk to your parents now, what would you want to tell them? \_\_\_\_\_

---

---

---

For what would you like to thank them? \_\_\_\_\_

---

---

---





# My Family



Did you have brothers or sisters? Name them. \_\_\_\_\_

Were they older or younger than you? By how many years? \_\_\_\_\_

What, if anything, do you remember about the birth of any of your siblings? \_\_\_\_\_

---

---

Do you recall any special secrets or loving moments with a sibling? \_\_\_\_\_

---

---

---

Were there any rivalries or recurring problems among you and your siblings? \_\_\_\_\_

---

---

---

Have any of these feelings changed over the years? \_\_\_\_\_

---

---

---







# Family Atmosphere



What were some of your family's "house rules"? What work or chores were expected of you? \_\_\_\_\_

---

---

---

If you broke the rules, how were you punished? \_\_\_\_\_

---

---

How did your parents express praise to you? \_\_\_\_\_

---

---

How would you describe your family's financial situation? \_\_\_\_\_

---

---

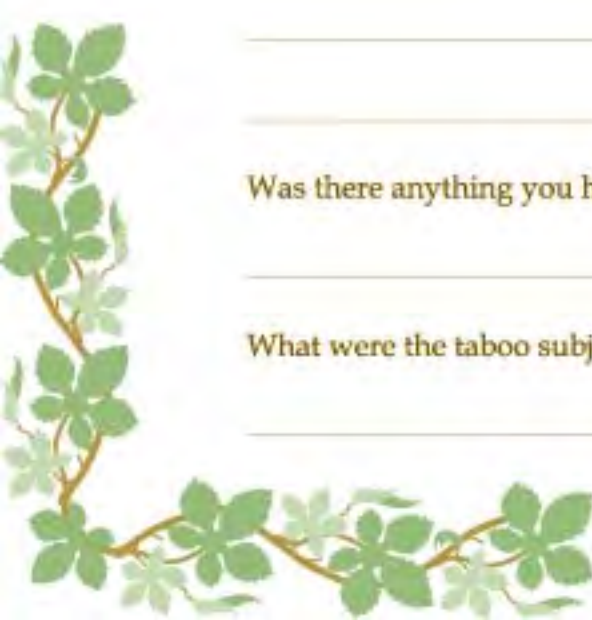
Was there anything you had longed to do as a child, but couldn't afford to do so? \_\_\_\_\_

---

---

What were the taboo subjects in your home? \_\_\_\_\_

---





# Rituals & Holidays



What faith, if any, did your family practice? \_\_\_\_\_

How did your family express this faith at home? \_\_\_\_\_

Did your family attend religious services? If so, when and how often? How did you feel at these events? \_\_\_\_\_

What were the important holidays for your family? Who attended and where were they held? \_\_\_\_\_

How were birthdays celebrated in your family? \_\_\_\_\_







# Childhood Friends



Who was your best childhood friend? \_\_\_\_\_

How old were you when you met? \_\_\_\_\_

What did you love to do together? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you recall a secret you shared? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Did you ever get in trouble together? If so, what happened? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_


What happened to this friend over time? \_\_\_\_\_

\_\_\_\_\_


\_\_\_\_\_

\_\_\_\_\_





# Childhood Favorites



Did you have any favorite hobbies as a child? \_\_\_\_\_

---

---

What was your favorite toy or prized possession? \_\_\_\_\_

---

---

---

Do you recall a favorite book or story? Who read or told it to you? \_\_\_\_\_

---

---

Was there a particular radio show, TV show, or movie you loved? Why? \_\_\_\_\_

---

---

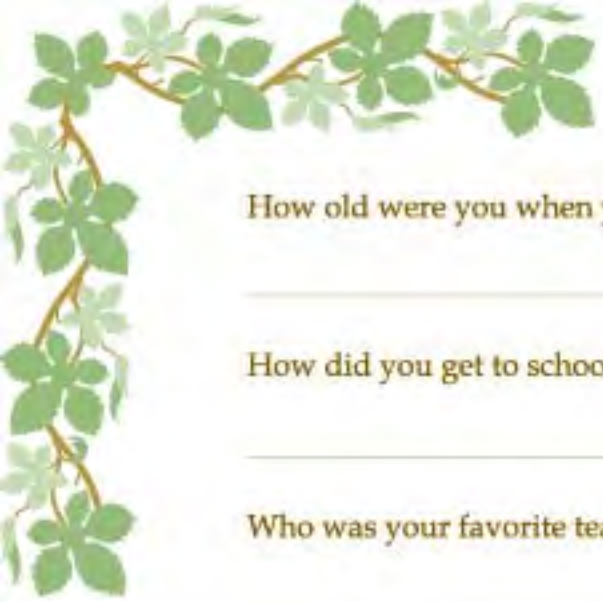
---

Did you have any pets? What type? \_\_\_\_\_

---

---





# Grade School



How old were you when you started school? What was the name of your school? \_\_\_\_\_

How did you get to school Ñ by bus, by walking, other? What do you recall about getting to and from school? \_\_\_\_\_

Who was your favorite teacher, and what did you like about him or her? \_\_\_\_\_

What was your favorite subject? \_\_\_\_\_

Were you given any awards? \_\_\_\_\_

Describe what you played during recess. \_\_\_\_\_

Did you ever get in trouble? \_\_\_\_\_

Describe a special grade-school memory. \_\_\_\_\_





# Entering Adulthood

How old were you when you left home? Where did you go? How did you feel living there. \_\_\_\_\_

---

---

---

Did you go to college or take other training? If so, where? How did you choose your school and field of study? How did you or your family pay for it? \_\_\_\_\_

---

---

---

What was your first job as an adult? \_\_\_\_\_

What were your goals for career, family, life? \_\_\_\_\_

---

---

Who were the people closest to you at this time? \_\_\_\_\_

---

---

# My Wedding

How old were you when you got married? Describe your wedding including the weather, the ceremony, the guests, your attire, the celebration, etc.

---

---

---

---

---

---

---

---

---

---

What feelings or emotions do you recall about your wedding day?

---

---

---

---

---

---

---

---

Did you have a honeymoon? If yes, where? What was it like?

---

---

---

---

---

---

---

---

